Bouncy Castle Hire



Extreme Heat Guidelines

Hot Weather Safety Guidelines

During hot weather, it's important to take extra precautions to ensure everyone has a safe and enjoyable experience. Please take a moment to review the following guidelines:

Surface Temperature

Bouncy castles can become very hot when exposed to direct sunlight, increasing the risk of burns or discomfort. *We recommend:*

- Checking the surface temperature by hand before allowing children to play.
- Pausing use during peak heat.

Hydration

Active play and high temperatures can quickly lead to dehydration. *To prevent this:*

- Encourage regular water breaks, even if children don't feel thirsty.
- Provide a shaded area for resting and drinking.

Footwear & Clothing

- Footwear: Shoes must be removed before entering the inflatable.
- Socks: Wearing socks can protect feet from hot surfaces.
- Clothing: Light, breathable clothing is recommended to stay cool and comfortable.

Signs of Heat-Related Symptoms

Keep an eye out for symptoms of heat exhaustion or heat stroke, especially during extended outdoor play. *Warning signs include:*

- Dizziness, nausea, or excessive sweating
- Fatigue, headache, or confusion
- Hot, dry skin *(in severe cases)*

Action: If any of these symptoms occur, stop use immediately and seek medical attention if needed.

General Safety Tips for Using Inflatables

Take Regular Breaks

- Encourage children to step off the inflatable periodically to cool down. Resting in a shaded area helps prevent overheating and fatigue.

Stay Hydrated

- Remind all users to drink water regularly. Keep water bottles nearby and accessible at all times. Please do not take drinks onto the inflatables.

Offer Light Snacks

- Provide easy-to-digest snacks such as fruit, crackers, or sandwiches to help maintain energy levels and support hydration.

Limit Sun Exposure

- Avoid extended bouncing during the hottest parts of the day.

Supervise at All Times

- Ensure that an adult is always supervising the inflatable. Supervision is especially important for younger children to encourage safe play, breaks, and hydration.

Stay Safe. Stay Cool. Have Fun!

By following these simple precautions, everyone can stay safe, refreshed, and enjoy their time on our inflatables to the fullest.